

PREPARATION CHECKLIST

Date begun	Date completed	Task	Note to self
		Registration form	
		Pay deposit to Beatitude House Counseling Center to reserve dates	
		Financial info form completed & sent	
		Insurance info form completed & sent	
		Consent for counseling completed & sent	
		Lodging arrangements made	
		Carefully read treatment approach in packet and on BH website	
		All forms mailed or faxed to Beatitude House	
		Pay remainder of BH intensive fee	

Beatitude House Counseling Center Financial Information

Beatitude House Counseling Center is a not-for-profit Christian Ministry, a tax-exempt 501c3 with the IRS. When a couple or individual comes for a two-week Attachment Intensive, each week will consist of five sessions. The daily sessions will average three hours.

The following is the client=s financial obligation with Beatitude House Counseling Center:

- \$ The cost of the two-week Attachment Intensive is \$6000. Additional sessions can be contracted at the Intensive rate of \$150/hour.
- \$ Half of the fee - \$3000 - is required up front to reserve the date. This is due upon agreement of the date, or 45 days before the intensive, whichever comes first.
- \$ The balance of \$3000 is due before the intensive begins, or on the first (1st) day the intensive commences. This can be paid in one payment or split into two payments.
- \$ Cancellation fees are paid according to the date of the cancellation. Written notification must be postmarked 45 days prior to the scheduled intensive in order to receive a full refund fee. Less than 45 days before the intensive, your deposit will be forfeited.

Ways that others have raised support:

- \$ Local church contribution or love offering
- \$ Various fundraisers e.g. bake sales, rummage sales, etc.
- \$ Bank loans
- \$ Service organizations - Kiwanis, Rotary Club, etc.
- \$ Grants
- \$ Adoption agency support - state or private

Agreement

I understand I am responsible for the amount of _____ for services to be rendered during my Attachment Intensive with Beatitude House Counseling Center. Half of that amount will be the deposit fee and the other half will be paid on the first day of the intensive. I understand that transportation, housing, and food are separate from the intensive fee.

Signature _____ Date _____

Form of payment: _____ Online payment _____ Check or money order

Informed Consent: Beatitude House Counseling Center

Consent for Services

I consent to receive services from Beatitude House Counseling Center for myself or for the child/youth named in this document for evaluations, assessments, or treatment. I agree to pay the fees agreed upon at the time of service.

Consent for Counseling from a Christian Worldview

My signature below confirms that I desire counseling from a holistic perspective involving assessment and interventions in the spiritual, emotional, physical and social realms from a Christian worldview by my therapist(s) at Beatitude House. I understand that no organized religion or religious denomination is being promoted by my therapist or by Beatitude House in general, but he/she is working solely from a biblical worldview.

I also understand that it is my willingness to work through these difficult memories/feelings with the Lord Jesus Christ that will significantly determine the healing I receive. If I am unwilling to work through these memories, I understand that my therapist and I will need to discuss other options for my treatment including possible referral elsewhere.

Video Consent

I voluntarily give my permission for Beatitude House Counseling Center to record the therapy/ministry sessions. I understand that these tapes may be used for review during treatment and/or educational or training sessions. Additionally, I understand that these tapes are the property of Beatitude House Counseling Center.

Client Rights

I understand all of the information in this document and freely consent and agree to all the forgoing conditions. I understand that my consent will expire in one year from the date of signing unless a written request is received to rescind the consent at an earlier date. The confidentiality of client information is protected by both state and federal laws and regulations. Beatitude House Counseling Center is sensitive to and has an obligation to protect your privacy and is committed to holding confidential any information that you give us. This information is protected under the HIPAA (Health Insurance Portability and Accountability Act) of 1996. Additional information about client rights is available upon request.

_____	_____	_____
Print client=s name	Signature (parent or guardian if a minor)	Date

_____	_____
Social security number	Medicaid number

_____	_____	_____
Print client=s name	Signature (parent or guardian if a minor)	Date

_____	_____
Social security number	Medicaid number

AUTOBIOGRAPHY

Describe your childhood: parents and siblings (positive and negative)

How was emotion expressed? (affection, conflict, and disagreements)

How was discipline administered and by whom?

What role did each sibling play in the family?

Is there a history of...

-emotional illness

-physical, verbal, or sexual abuse

-alcohol/drug abuse or neglect

Describe your current and/or past marital relationships with regard to communication, expression of feelings, emotional transparency (intimacy) and resolving differences.

Describe your current family unit: (positive and negative)

Describe the importance of GOD in your life.

How have your dreams been met /not met?

Describe your prayer life.

Beatitude House Counseling Center Treatment Approach

Read this carefully to better understand exactly what we do during therapy and what our protocol is.

Philosophy

We provide families safe and effective attachment therapy that is derived from a systemic perspective involving assessment and interventions in the spiritual, emotional, physical and social realm with a Christian world view. The family is considered part of the treatment team and all decisions about treatment take into account their needs, opinions and most of all, safety. Our treatment is never coercive. The entire family is respected and their well being and safety is our utmost concern. The goal of treatment is to provide positive relationship changes in the individual and their family.

The Beatitude House Counseling Center philosophy of treatment is anchored in the knowledge and belief that our Lord Jesus Christ is the ultimate source of healing and we are His instruments.

Description of process:

Intake/Admission- An individual or couples suitability for treatment at Beatitude House is determined after the application packet has been received. This presents us with a good beginning picture of the client/couple before they arrive.

If the client/couple does not appear motivated for the difficult work in store, other possibilities are discussed.

Assessment

We continue to review all the information on the first day of therapy or of an intensive. This enhances the joining/rapport building process. Assessment of the progress, which has occurred (or lack of) during treatment, is a critical part of moving forward towards what ever may next be indicated. This progressive approach insures greater success and is ultimately most respectful of the client(s).

Treatment Planning

Assessment and subsequent treatment planning and modification unfold throughout therapy. The basic road map is planned out at the start and then revised as needed.

Possible Treatment Techniques Utilized at Different Points During Therapy:

- \$ Nurturing Cradle Hold -simulates mother/infant interactions, healthy touch.
- \$ First year of life cycle- discuss what they needed and didn't get even before birth.
- \$ Sentence Completion Form-to assess functioning, identity and resistance.
- \$ Problem list-created by child and therapist for rapport, assessment and contracting
- \$ Psychodrama -carefully monitored role play utilizing Cognitive Behavioral
- \$ Exposure Therapy
- \$ Cognitive Restructuring
- \$ Narrative Therapy / Parent Storytelling
- \$ Contracting/joining- ongoing part of assessment and treatment planning
- \$ Up-regulation/down-regulation- safe structure for expressing painful emotions leads to attunement, healing connection and attachment.
- \$ Physical and emotional feeling identification and expression.
- \$ Apology, forgiveness and acceptance practice.
- \$ Parent/child communication and reciprocity.
- \$ Marital/communication counseling.
- \$ Parent=s childhood work.
- \$ Homework is assigned when indicated.
- \$ Prayer before, during and after treatment.

Safety/risk management plan

We spend a lot of time on the phone and e-mail discussing what the treatment is and what it is not. Treatment is always delivered by myself with my wife assisting. Holding is always done in a nurturing, cradling fashion and utilizes the parent(s) whenever possible and indicated. It is never coercive! If you are here for an intensive (one - three weeks of on-site therapy), we are available at any time (24hrs.) during the intensive if an emergency occurs.

Evaluation/follow up

To evaluate progress the symptom checklist is used after treatment with the before and after results rated. We follow up the intensive with a month of scheduled weekly phone contact, which is included in the fee. We encourage non-scheduled informal contact.

LODGING/ Airports for WAYNESVILLE/ MAGGIE VALLEY

*Tell the following facilities that you're coming to Beatitude House Counseling Center
and ask for a possible discount.*

Smoky Falls Lodge
www.smokyfallslodge.com
1-877-926-7440 \$ 828-926-7440 \$ Fax 828-926-7457
Maggie Valley
stay@smokyfallslodge.com

Country Cabins
888-222-4611
www.countrycabinsmv.com
A mountain retreat in the heart of Maggie Valley. Log cabins, fireplaces, porches with rockers and swings.

Twinbrook Resort
www.twinbrookresort.com
800-305-8946
20-acre resort with sixteen peaceful cottages. Each unit is designed to give you a restful, healthy vacation with all the comforts of home.

Riverlet Motel: Creekside Suites & Rooms
800-691-9952
www.cabins.riverlet.us
Suites are clean, comfortable with all the amenities including refrigerators, microwaves, coffee makers, two queen size beds, and cable TV.

Other possibilities:

- \$ Days Inn of Waynesville 828-452-9009
- \$ Super 8 of Waynesville 828-4549667
- \$ Maggie Valley Creekside Inn 828-926-1301 1-800-621-1260
- \$ Ramada Inn Maggie Valley 828-926-7800
- \$ Scottish Inn 828-926-9137
- \$ Lake Junaluska Methodist Assembly - cottage rental 828-452-2881 ext. 717, 828-454-6679
- \$ Best Western Maggie 828-926-3962, Waynesville 828-456-4402
- \$ Blue Mtn Inn 828-926-3385
- \$ Carol=s on the Creek 828-926-1942
- \$ Microtel 828-926-8554
- \$ Meadowlark Motel 828-926 1717
- \$ Mount Valley Lodge 828-926-9244
- \$ Rocky Waters Motel 828-926-1585
- \$ Jonathan Creek Inn 828-926-1232
- \$ Cataloochee Ranch rooms/ cabins 828-926-1401
- \$ Misty Mountain Ranch (828) 926-2710 or Toll Free (888) MISTY22 www.mistymountainranch.com
- \$ Quality Suites (828) 926-0201

DRIVING DIRECTIONS TO Beatitude House Counseling Center

828-926-5591
470 Twin Brook Drive
Waynesville, NC 28785

I-40 west past Asheville
I-40 exit # 20 (Maggie Valley)
South on 276 (Jonathan Creek Rd) 3 miles
Turn Right (west) on Hemphill Rd. 1mile
Turn Left on Shelton Cove Rd. 1mile
Turn Left on Twin Brook Drive (Hemphill Heights) - 14 mph speed sign, 2 mile to us.
Stay on Twin Brook up the mtn hard rt at mailboxes up hill, left at house signs (Bradley 470 Twin Brook Dr.- Benitez- Greenfield) DO NOT turn RT at Newkirk Rd. Go on up the hill from here.
Our house is the next house on the right
You will see a sign that says A470 Hearts Desire@
Turn right into our large parking area

[See maps...](#)

From 74-23 exit #102b and take 276 north (follow exit ramp) go one mile,
Left at the Exxon (Soco Road) go a couple of miles
Right on Jonathan Creek Rd (stop light & 276) (2+ miles)
Look for SWAG sign, Aspenglow sign
Left on Hemphill Rd. *See above*

Beatitude House is situated behind our home. Walk under the porch on the right side of the house.

AIRPORTS

The Asheville Airport is the closest (1hr.) but often the most expensive. Knoxville TN and Greenville/Spartanburg SC are both approx. 1.5 hrs away. Charlotte and Atlanta are both about 3.5 hrs away but might be the cheapest.

From Atlanta airport take 285 east and north around Atlanta to 85 north. Follow this to 895 north which will lead to 23/441 north. Stay on this four lane through Gainesville, Toccoa and Sylva but stay on 23 as 441 will divert you to Cherokee after Bryson City. 23 north will take you through Sylva and on to Waynesville. Exit #102-B (see from 74-23) above